



SURF LIFE SAVING
NEW ZEALAND



Wellington & Western Districts Championships

Paekakariki Beach, Sunday February 7th 2010

Attached is the Programme and Registration form for these Championships.

Clubs need to register rough numbers by **Wednesday February 3rd** and need to hand in the Registration forms prior to the Team Managers Meeting on the day. Clubs will need to bring payment on the day for the number of competitors they bring.

There is a \$10 entry fee per person. Competitors may enter as many events as they like.

Event rules have been aligned with the 2010 Surf Nationals programme.

Food will be available for purchase for competitors and the public.

In the event of adverse weather conditions a decision will be made early Sunday morning so it is most important to fill in the contact name and phone number on the numbers attending sheet. Titahi Bay Beach may be used as a back up beach should Paekakariki be too dangerous for competition. The final decision regarding risk management will sit with the event referee following consultation with other key officials.

Kind Regards,

Brent Harvey
Club Development Officer

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WELLINGTON & WESTERN CHAMPS, PAEKAKARIKI, 7th FEBRUARY, 2010

	BEACH ARENA	CRAFT	UNDER 12 ARENA	UNDER 10 ARENA
9AM	<p>Beach Flags – 9.30 Start OM, OW, U19M, U19W, 10M, U16M, U16W, 13M, 13W, 12M, 12W, 11M, 11W, 10M, 10W, 9M, 9W, 8M, 8W, 7M, 7W</p> <p>Beach Sprint 11M, 11W, 10M, 10W, 9M, 9W, 8M, 8W, 7M, 7W OM, OW, U19M, U19W, U16M, U16W, 13M, 13W, 12M, 12W</p> <p>Beach Relay – Open, U19, U16, U14, U12, U10</p>	<p>The craft arena will commence after the completion of the beach events (approximately 11.30am)</p> <p>Tube Rescue - OM, OW, U19M, U19W, U16M, U16W, U14M, U14W</p> <p>Board Rescue - OM, OW, U19M, U19W, U16M, U16W, U14M, U14W</p> <p>Ski Race - OM, OW, U19M, U19W, U16M, U16W</p> <p>Board Race - OM, OW, U19M, U19W, U16M, U16W, 14M, 14W, 13M, 13W, 12M, 12W,</p> <p>Surf Race (Surf Teams) – OM, OW, U19M, U19W, U16M, U16W, U14M, U14W</p> <p>Double Ski - OM, OW, U19M, U19W</p> <p>Run Swim Run OM, OW, U19M, U19W, U16M, U16W, U14M, U14W</p>	<p>Board Race – 9.00am Start 11M, 11W, 10M, 10W,</p> <p>Run Swim Run 11M, 11W, 10M, 10W</p> <p>Diamond Race – U12M, U12W</p> <p>Cameron - U12M, U12W</p>	<p>Boogie Board Race – 9.00am Start 9M, 9W, 8M, 8W, 7M, 7W,</p> <p>Run Wade Run 7M, 7W 8M, 8W, 9M, 9W,</p>
		<p>Ski Relay - OM, OW, U19M, U19W</p> <p>Board Relay - OM, OW, U19M, U19W, U16M, U16W, U14M, U14W</p> <p>Diamond Race – U16W, U14M, U14W</p> <p>Ironman – U16M, U19W, U19M, OW, OM</p> <p>Cameron – U14M, U14W</p> <p>Taplin – U16W, U16M, U19W, U19M, OW, OM</p>		

Notes:

- This programme is subject to change due to weather and surf conditions.
- Some events may be run together if there are a low number of entries. Athletes will need to choose the age group they will have their result recorded for. Athletes can only gain 1 set of points or 1 title for a single race.
- Event officials will try to avoid clashes but this is a full programme and events will not be held for athletes competing in other age groups.
- High tide 5.37pm.